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HALIFAX • MONDAY, MARCH 29, 2010

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Cost of some booze going up today

INCREASE The price of hundreds of varieties of beer, wine and spirits is about to go up in Nova Scotia. The Nova Scotia Liquor Corporation will increase the price of more than 500 products today, the CBC has reported. Under the increases, a case of 24 Keith's or Coors Light beer will increase in price by \$1.01 to \$40.99.

THE CANADIAN PRESS

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Huskies National champs



SANDI REASONS/THE CANADIAN PRESS

Members of the Saint Mary's Huskies' hold the Cavendish Cup after defeating the Alberta Golden Bears last night in the Canadian Interuniversity Sport Men's hockey final in Thunder Bay, Ontario. Story, Page 10

HALIFAX
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A Common debate

Council set to square off over concerts on Halifax green space

ALEX BOUTILIER
for Metro Halifax



In terms of stark contrasts, you can't do much better — warm weekend afternoons playing Frisbee, walking dogs and reading in the shade versus beer tents, tens of thousands of screaming fans and musicians playing axe-shaped guitars while wearing face paint.

But these seemingly contradictory uses converge on Halifax's North Common, a public space which has in recent years played host to the biggest private concerts in HRM's history.

One Halifax regional councillor, however, wants big-ticket events to stay off the grass.

Connaught-Quinpool Coun. Jennifer Watts put forward a motion last week that will be debated by councillors tomorrow, seeking to move all major concerts from the North

Common site on the Halifax Common to Garrison Grounds beginning next year. Watts cited concerns from residents near the Common as the principal cause for her motion.

One such resident, Cathy Busby, said yesterday many people in her neighbourhood have concerns about what she calls "mega-concerts" on public land.

"I think that it's really important that the

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commonness of the Commons is preserved," Busby said. "I find it wrong that these private corporate mega-concerts kind of move in there."

But Helen Vickery, owner of a Robie Street guest house, said she doesn't see much harm in

holding concerts on the Common. "If it was night after night, it'd be a different story... (But) it's only the noise for the one evening, so it really doesn't disrupt my guests that much," said Vickery. Local resident Anthony Loring admits the concerts are somewhat disruptive for his day-to-day life, but aren't usually as bad as he expects.

"When concerts are being prepared for, it is a real hassle, because for a month at a time there's nothing that you can do

here," Loring said yesterday while walking his dog. "(But) when it happens and when it's done, we're usually like 'well, that wasn't as bad as we thought it was going to be.'"





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Local



Get your tickets for Stars on Ice

Vancouver Olympic gold medalists Tessa Virtue and Scott Moir of Canada will be performing in the Sears Stars on Ice, along with 2010 bronze medalist Joannie Rochette, also of Canada, left, at the Halifax Metro Centre on April 22. Eight other figure skaters will also be performing, including Kurt Browning and Jamie Sale and David Pelletier. Tickets cost between \$25 and \$110 and are now on sale at all Ticket Atlantic outlets. METRO HALIFAX

Trial date set after New Year's brawl

COURT A trial date has been set for a man facing charges after a fatal New Year's brawl in Antigonish.

Julian Chittick of Halifax is scheduled to stand trial in Supreme Court by judge alone from March 7 to 11 in 2011.

The 25-year-old faces a number of charges, including five related to weapons, in connection with an altercation on College Street. None of the charges are directly related to the stabbing death of Jonathan Beaton, 25.

Robert Harris Lamb faces a charge of second-degree murder in the case.

THE CANADIAN PRESS

Teen sentenced for bomb threat

CONVICTION A youth who pleaded guilty to a school bomb threat in Cape Breton last year has been sentenced.

The teenager, who cannot be named because of his age, was sentenced to 30 hours of community service and 15 months of probation.

He pleaded guilty in January to obstruction or interference with the lawful use of property.

A bomb threat was phoned in to Inverness Academy in October.

The school was evacuated, but no explosives were found. THE CANADIAN PRESS

Fire breaks out at home

Minimal damage reported after possible chimney blaze

ALEX BOUTILIER
for Metro Halifax

Firefighters were called to a home in north-end Halifax yesterday to battle a suspected chimney fire that threatened the second floor of a residence and adjoining homes.

Halifax Regional Fire Platoon Chief Gary McCurdy said firefighters received reports of a potential chimney fire at 5683 Woodill St. at approximately 11:50 a.m.

The home is connected to another property, and is situated very close to another.

"Our concern was that the fire was going to be trapped into the ceiling and it was going to move into the adjoining unit," McCurdy said. "We were trying to prevent that from happening ... (by) trying to

"Our concern was that the fire ... was going to move into the adjoining unit."

Platoon Chief Gary McCurdy



A firefighter chops at the roof of a home after a fire on Woodill Street yesterday afternoon. No one was injured in the fire.

confine it to the unit of origin."

McCurdy said damage to the property was minimal, and mostly caused by firefighters' efforts to contain the blaze, which took a lit-

tle over an hour.

"(It's) a little early at this point," he said as to the possible cause. "It's an older home, the chimney is also older, so there's a possibility that (the fire) may

have gotten out from the mortar, from the liner of bricks into the neighbouring structure."

There was no damage to adjoining units, and no one was injured.

Charges laid after weekend robberies

SHELBY MCDONALD
for Metro Halifax

CRIME Halifax Regional Police had a busy Saturday night when it came to robberies.

Police responded to three separate robberies over a period of five hours, including two taking place at the same time on different sides of the harbour.

At 11:10 p.m., police responded to a robbery in

the parking lot of the McDonald's on Main Street in Dartmouth.

Police say a man approached someone sitting in his car and demanded money while holding his hand under his shirt.

According to police, the victim believed he had a weapon but didn't give any money to the suspect.

Police say the accused then allegedly fled in a vehicle, with the victim following him and directing

officers to his location.

A man is now facing a charge of attempted robbery.

Also at 11:10 p.m. in Halifax, police responded to a robbery in Armstrong Court as a man delivering food for a restaurant was confronted by two males.

Police say the suspects demanded money, and one sprayed the victim with the bear spray. Both fled the area on foot and there have been no ar-

rests.

The other robbery took place at 6:44 p.m. on Spring Garden Road. Police say officers encountered two men allegedly assaulting a third male, with the victim covered in blood.

The victim told police he was beaten by the males who took some of his belongings.

The men — aged 20 and 25 — were arrested and are facing various charges.

Hike in water rates proposed to fund 'vital work'

PHILIP CROUCHER
philip.croucher@metronews.ca

APPLICATION The price of water in HRM could be going up in a very big way.

Halifax Water has filed an application with the Nova Scotia Utility and Review Board requesting an

increase to rates that, if approved, would see customers hit with a 40 per cent rate increase over the next year.

Halifax Water says the rate increase is needed to do what it calls "vital work" on aging and rapidly deteriorating wastewater and stormwater sys-

tems.

"Many of the underground pipes that carry our wastewater and stormwater are over 100 years old and in desperate need of repair," Halifax Water general manager Carl Yates says in a release, adding the current rate structure won't fund these

steps.

The proposed rate structure would see rates rise by \$8.64 a month on Oct. 1 and another \$7.60 a month on April 1, 2011.

The Utility and Review Board will hold a hearing on this request June 7 to 9 with a decision expected in September.

Suspect nabbed in flasher case

CRIME A 26-year-old Bedford man has been charged with exposing himself several times in Halifax after another incident late last week.

Halifax Regional Police say a woman complained that a man exposed his genitals and committed an indecent act at 7:30 p.m. Friday as she was walking on Pepperell and Preston streets near Quinpool Road.

The man then allegedly got in a vehicle and drove away.

A 26-year-old was later arrested without incident after the woman gave police a description of a suspect, his car and licence plate.

Police say the man will also be charged in six other indecent acts of a similar nature that occurred this month in south-end Halifax, including several around Dalhousie University. THE CANADIAN PRESS

Illness outbreak closes care facility

WINDSOR A long-term care facility in Nova Scotia is closed to visitors because of an outbreak of a norovirus-like illness.

Haliburton Place in the Hants Community Hospital in Windsor closed temporarily Saturday after some patients became ill.

Visitor restrictions are also in place for nursing units at Dartmouth General Hospital and the Halifax Infirmary site of the Queen Elizabeth II Health Sciences Centre.

Health officials are asking people not to visit nursing homes or hospitals if they are ill or have close contacts who are or have been ill.

They say staff members who have symptoms of norovirus should not go to work. THE CANADIAN PRESS

metronews.ca
WHAT'S ONLINE TODAY

Video Liberals say they're receiving positive feedback about the virtual side of their policy conference this weekend, at metronews.ca/canada

Video Recent news that General Motors is recalling more than 700 laid-off workers is met with cautious optimism in Oshawa, Ont., at metronews.ca/canada



Lotteries

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These results are not official.

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Lit cigarette cited as cause in fatal fire

An apartment fire that claimed the life of a Whitney Pier woman Friday night is being deemed accidental. Staff Sgt. Mike Kennedy of the Cape Breton Regional Police said an investigation determined a lit cigarette was to blame in the death of the woman. **CAPE BRETON POST**

Earth Hour drives drop in power consumption

ENVIRONMENT

Nova Scotians again went into the dark for Earth Hour. Nova Scotia Power's energy control centre reported an 18-megawatt reduction in power consumption between 8:30 and 9:30 p.m. on Saturday, when Earth Hour 2010 took place and people were asked to turn off their lights.

According to local organizers, this represented an equivalent savings of more than 1.4 million, 13-watt compact fluorescent light bulbs.

In downtown Halifax, a free concert marking Earth Hour drew a small crowd at Grand Parade Square in front of city hall before the lights were dimmed on a cold evening.

Ken Boudreau of Halifax said he came to the concert because one person can make a difference even when it comes to global issues.

"It shows that a little by everybody means a lot," he said. "That's what we're trying to show."

The Angus L. Macdonald Bridge went dark a few minutes before 8:30 p.m. Saturday and the MacKay Bridge followed suit.

In total, some 4,000 cities in more than 120 countries took part in Earth Hour 2010, a global initiative to show support for action on climate change.

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Zinck says he was urged to take buyout

Premier denies it was suggested NDP member take \$45K, quit legislature

A Nova Scotia New Democrat kicked out of caucus over unpaid bills says the party reminded him last year if he properly timed his departure from politics, he would be eligible for a \$45,000 payout.

Dartmouth North MLA Trevor Zinck said Friday about a week before the transition fee was eliminated, he was told it would be a "soft" option for him if he quit the legislature.

Zinck said he wasn't offered money directly.

"It was just the money

that would have been on the table, the original buy-out of the \$45,000," he said on Maritime Morning with Andrew Krystal on News 95.7.

"What was stated to me at that point was that I had an option, or that I had options, and that the option I should consider is taking that buyout, going away."



Trevor Zinck

On Thursday, Zinck said he'd been late in paying constituency office bills because of a turnover in his office staff and because he had to assist in the care of his father, who required open heart surgery in the fall.

He also said stress led him to drink more and he developed a problem with online gambling.

Zinck has said he underwent counselling and Premier Darrell Dexter knew about it.

Dexter said Zinck's per-

"I think what we are seeing is someone who is trying to deal with difficulties in his life and I think trying to find ways to shift the focus."

Premier Dexter

sonal troubles weren't a factor in the caucus decision to drop him.

The premier also said the

party didn't suggest Zinck might resign before the transition fee was killed.

"It didn't happen," the premier said Friday.

"I think what we are seeing is someone who is trying to deal with difficulties in his life and I think trying to find ways to shift the focus and it's, frankly, difficult to watch."

Dexter said he consulted with his chief of staff and was told, "nothing of this nature was transmitted to him (Zinck)."

THE CANADIAN PRESS

Cape power Crowd pleasers



The Cape Power Cheerleading Marshals compete in the Level 4.2 category at the 2010 CheerExpo National Championships yesterday at the Halifax Forum.

Bill tabled to make spending public

LEGISLATURE The Nova Scotia government introduced legislation Friday that it says would tighten oversight and make spending by provincial politicians more open by posting their expenses online.

The bill, tabled by Premier Darrell Dexter, is his majority government's first bill of the new spring sitting of the legislature. It is aimed at dealing with the fallout from a report last month by the province's auditor general that uncovered numerous instances of inappropriate spending and was critical of a secretive system riddled with vague rules and lax oversight.

The bill would create a new commission to oversee

the spending of the house, replacing the Internal Economy Board. Unlike the board, the all-party commission would hold its meetings in public.

The legislation also creates an audit committee that would include two non-members of the house appointed by the province's chief justice to oversee spending. The bill would allow the auditor general to regularly audit legislative expenditures and would see all of the expenses of individual members published online.

THE CANADIAN PRESS

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Sydney airport sees rise in passengers last year, up from 2008, says CEO

AIRWAYS Neil MacNeil knows it all comes down to one thing when booking a flight.

"The price of a ticket — that is the number one is-

sue," said the CEO of the J.A.D. McCurdy Sydney Airport. "People would rather leave their car here and not have to drive to Halifax and catch that flight to

Toronto and so it's all about price."

MacNeil said most people in Cape Breton will drive to Halifax to get a cheaper flight. But last year

— thanks in part to WestJet operating on a seasonal basis out of Sydney for the first time — there were a few more people choosing to fly out of the local air-

port rather than Halifax.

MacNeil said 119,552 passengers went through the Sydney terminal in 2009, up from 110,709 in 2008.

CAPE BRETON POST

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Cape Breton may become a Canadian version of Florida's historic Cape Canaveral, where astronauts and rockets have been launched into outer space for decades. The Canadian Space Agency is looking at the Nova Scotia island as one of two possible sites to blast small satellites into orbit using an indigenous rocket launch system. **THE CANADIAN PRESS**

Space agency eyes Cape Breton site

Canada



Diplomat hits out at foreign policy

A Canadian diplomat is blasting Canada's foreign policy, calling on the government to pull out of Afghanistan and focus on Africa instead. Robert Fowler, a special United Nations envoy to Niger, says the money invested in Afghanistan would go much further in Africa, where instability also poses a security threat to the West. Fowler says Canada's foreign policy has been hijacked by domestic political concerns, especially in its support for Israel. **THE CANADIAN PRESS**

Ottawa plans major refugee system overhaul

Those from countries deemed dangerous to be fast-tracked

The federal government is ready to push forward with plans to shake up Canada's refugee system, aiming to quickly weed out posers and more efficiently accept people fleeing dangerous situations.

Immigration Minister Jason Kenney is expected to table controversial legislation as early as this week, or at the latest, by the end of April.

"To remove the years of uncertainty often faced by refugees in genuine need, while closing off avenues for those simply seeking a back door into the country, our government will propose comprehensive reforms to the refugee sys-

Backlog up

Despite controversial measures introduced two years ago to speed up Canada's immigration process, a backlog of skilled immigrant applications appears to be re-emerging, critics say. According to an analysis of Citizenship and Im-

migration Canada's latest data, the average processing time from all visa posts is seven-and-a-half years, with 600,000 people in the queue for 80,055 skilled immigrant visas granted in 2010.

TORSTAR NEWS SERVICE

tem," the Conservatives promised in the Speech from the Throne earlier this month. The legislation would divide refugees into two categories — those from safe countries of origin, and those from more dangerous locations, who would be fast-tracked.

THE CANADIAN PRESS



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Montreal Riding a digital wave



Liberal Leader Michael Ignatieff delivers his closing address at the Canada 150 conference in Montreal yesterday. While the Liberals are using their policy renewal conference to kick the tires of ideas they hope to ride into office, the party almost seems more excited about the social networking technology they took for a test run this weekend, according to some observers.

DAVID HUGHES/THE CANADIAN PRESS

Make a difference!

The Chebucto West Community Health Board is **seeking new volunteer board members** interested in creating a healthier community.

The Board partners with many large and small health and community organizations to **improve the community's health**. We serve residents of Armdale - Purcell's Cove, Herring Cove-Spryfield - Sambro, Clayton Park and Rockingham, BLT and Hubley, Prospect, St. Margaret's Bay and Hubbards - a huge and very diverse area!

We want our Board to reflect our community, so diversity, gender balance and the age of our members is important to us. We encourage any interested resident of our CHB area to apply. **If you have a desire to make your neighbourhoods healthier, we'd like to hear from you!**

For more information contact Andrea Cochrane, Coordinator, at 487-0591/Laurie MacNeil 487-0571 or submit a cover letter and resume that outlines your interests and background by **Friday, April 30, 2010 to:**

Chebucto West Community Health Board

3825 Joseph Howe Drive,
Halifax, NS, B3L 4R6

(f) 902-455-3531

(e) andrea.cochrane@cdha.nshealth.ca

laurie.macneil@cdha.nshealth.ca



Canada to pay \$100M for Haiti recovery club

PRICE TAG Canada is preparing to pay \$100 million to join an exclusive new international club that would guide the rebuilding of earthquake-ravaged Haiti, The Canadian Press has learned.

That's the price tag for a seat on the proposed Interim Haitian Recovery Commission, which is expected to be one of the key announcements to be made this week at the New York international donors' conference on Haiti.

"Canada has been a major partner and a major donor to Haiti in the past years, so we will be there," said a senior government official. "Not sure of the structure, but Canada will play a major role."

The new commission will be made up of representatives from more than a dozen donor countries, the Haitian government, the Organization of American States, the 15-country Caribbean bloc known as CARICOM, NGOs and international institutions. Its creation is one of two major announcements expected from Wednesday's Haiti summit in New York, senior World Bank officials said.

The other is the creation of a trust fund for Haiti's

"Canada has been a major partner and a major donor to Haiti in the past years, so we will be there."

Senior government official

long-term reconstruction that would operate in concert with the commission.

"The deliverable from New York is to really assure the international community and Haitians that the elements are in place," Yvonne Tsikata, the World Bank director for the Caribbean said. "Fleshing out the reconstruction agency is one. Having the multi-donor trust fund operational is another."

The World Bank and other international actors are keen to see Canada play an active role in the decision-making commission. Haiti's government estimates it will ultimately cost \$11.5 billion to rebuild from the Jan. 12 quake. The government announced last month that it would match the \$113 million in private donations to Haiti.

THE CANADIAN PRESS

Group frets fed help for trading

POLITICS A non-governmental aid group is concerned the federal government has shifted its international development policy to favour potential trading partners instead of those most that are the poorest.

James Haga, national advocacy director for Engineers Without Borders, said the new policy doesn't line up with the law and that the Canada International Development Agency seems to be ignoring its legislated mandate to use development dollars first and foremost to reduce poverty.

Polygamist calls out for big cash

COURTS Admitted polygamist Winston Blackmore says he needs hundreds of thousands of dollars in government money to participate in a court review of Canada's polygamy law in a case his lawyer argued Friday will put him and his community of Bountiful, B.C., on trial. Blackmore, who police believe has 19 wives and more than 100 children, is asking the B.C. Supreme Court to award him cash and special standing in a case examining the federal law that prohibits multiple marriages.

THE CANADIAN PRESS

Russian president eliminates two of country's 11 time zones

Russia's eastern extreme, just across the Bering Strait from Alaska, is now nine hours ahead of its westernmost area, the Kaliningrad exclave, instead of 10 hours. **THE ASSOCIATED PRESS**

5

World

London Protesters call for Pope's resignation



Demonstrators outside Westminster Cathedral yesterday called for Pope Benedict XVI to resign, and accused the pontiff of covering up child sex abuses by clergy in the past.

Still searching for survivors

Naval disaster one of South Korea's worst ever

Weeping, angry relatives of 46 crew members missing after a mysterious explosion sank a South Korean navy ship sailed around the site yesterday while others criticized the government for lack of results as rescue teams struggled to search for survivors.

No one has been found since an initial rescue of 58 sailors from the 1,200-ton Cheonan that sank early Saturday near the tense border with North Korea. No bodies have been discovered either. Still, Presi-

dent Lee Myung-bak refused to give up hope.

The ship had been on a routine patrol with other vessels in the Yellow Sea off South Korea's western coast. The exact cause of the explosion — one of South Korea's worst naval disasters — remained unclear; officials said it could take weeks to determine.

Fierce waves and high winds have hampered the search in an area where the two Koreas have fought three bloody naval engagements since 1999. Despite the location of the

sinking, North Korea did not appear to be involved.

"We have detected 'no special movements' by North Korean forces; however, we, as a command, continue to monitor the situation and remain prepared for any contingency," Gen. Walter Sharp, chief of the 28,500 U.S. troops in South Korea, said in a statement yesterday.

A U.S. military ship would join rescue operations today, according to South Korea's Defence Ministry.

THE ASSOCIATED PRESS

Swiss casino hit by gang of armed robbers

HEIST An armed gang of masked men raided a casino packed with about 600 guests near Basel, Switzerland, early yesterday and made off with hundreds of thousands of francs, according to Swiss prosecutors.

In a statement, prosecu-

tors described a scene like an action-film heist: About 10 men dressed in black arrived in two cars at the Grand Casino shortly after 4 a.m.

One smashed the front door with a sledgehammer, and the others ran inside with machine-guns

and pistols, the statement said.

Speaking French, a group of men ordered the guests and employees to the floor, while their accomplices emptied registers in the basement and an upper floor, it said.

THE ASSOCIATED PRESS

News in brief

APOLOGY A Zimbabwe newspaper has apologized to Queen Elizabeth II for publishing a doctored photograph showing the 83-year-old monarch pregnant. The paper says the photo was drawn in error.

AFGHANISTAN U.S. President Barack Obama told Afghan leaders yesterday to do more to reign in corruption and improve their government. Obama made the comments during an unannounced visit to Kabul.

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Comment & Views

EDITOR: MIKE.DEREZYCKY@METRONEWS.CA

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Comment

Add green to meetings

CleanBreak

Rochelle Owen

metronews.ca/cleanbreak

There are a number of things you can do to incorporate sustainability considerations when planning meetings and conferences. Here are a few tips.

1 Consider the location: Can people walk or take public transit to the event; is the location wheelchair accessible; does the building have green features.

2 Reduce air quality impacts: Promote no-scent policies and ensure non-smoking legislation is followed. Consider chemical constituents in products such as markers, giveaways and cleaning products. For example, choose markers

that are non-toxic and water-based to prevent allergic reactions. Avoid plastic giveaways like water bottles that contain chemicals such as Bisphenol A. The Environmental Defence Fund has a website

providing more details on chemicals in products. Organize sustainable transportation options such as car-pooling, shuttles, and bus

passes. If it is your own facility, you may be able to promote idle-free zones through signage and education. Clean Nova Scotia's DriveWiser program offers educational information and tools such as idle-free signs to organizations.

3 Minimize solid and liquid waste. Avoid paper use by providing material online. If paper is provided, double-side items and use a 100 per cent post-consumer recycled blend

(widely available). Avoid using disposable items in dining and in packaging. Provide real cups, dishes, and avoid single condiment packages. Utilize and ensure the proper sorting of compost, recyclables,

paper, cardboard, etc. This may require requesting more recycling/compost bins in key areas and providing participants

with waste education reminders. If you are providing food at your event make sure that fats, oils and grease are not discarded down the drain.

4 Minimize energy. Turn off computers, lights, and other equipment and lower room temperature when not in use.

5 Drink local water and minimize water consumption. Avoid purchasing bottled water as this is an extra cost and unneces-

sary environmental impact. Support sites that have water conservation programs like towel reuse. **6** Make sustainable choices when buying products and services. Avoid unnecessary purchases. Look for certifications such as organic, fair-trade, Energy Star, Ecologo, Green Seal, or FSC to help make your choice

7 Aim to provide local, seasonal, organic and fair-trade food and products where you can.

8 Provide sustainability education through draws, announcements, in material, and sessions.

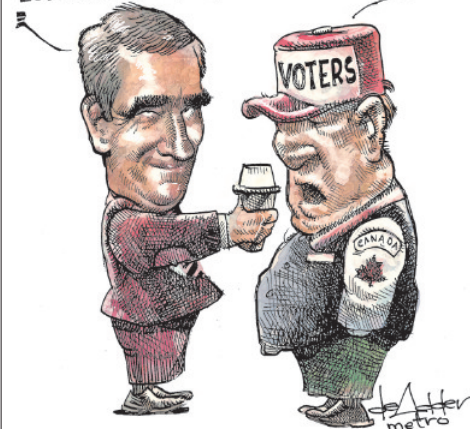
9 Consider sustainability themed gifts such as a donation or tree planting in a local area.

10 Aim to offset carbon emissions created by the event. The David Suzuki Foundation home page lists methods and links to event calculators.

Rochelle Owen is director of sustainability at Dalhousie University. She has worked in the environment and sustainability field for 19 years; rochelle.owen@gmail.com.

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MICHAEL D. ADAIR

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IPSOS REID

See metronews.ca for Anne Hines' Hinesight column – Soul searching and dreaming of Snickers



Contest closes April 30, 2010. Some restrictions apply. Visit www.FlyHalifax.com for complete contest rules.

Hali and friends from Condor want to send two lucky winners to Frankfurt, Germany this summer. Log in to www.FlyHalifax.com and click on the **Wunderbar!** contest button to enter for your chance to win a trip for two to Frankfurt.



Courtesy of Condor Airlines

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CanWest wins approval to dish out big bonuses

CanWest Global Communications Corp., the insolvent Canadian media company, won approval to pay as much as \$2.7 million more in bonuses to employees deemed critical to its restructuring. **METRO NEWS SERVICES**

7

Business

DOLLAR

US **97.40¢**
(Friday's close)

GAS

US **\$3.981**
(Friday's close)

OIL

US **\$80**
(Friday's close)

TSX

11,957.37
(Friday's close)

EDITOR: FERMIN.DESOUZA@METRONEWS.CA

Johannesburg **We can share**



Children from an orphanage tuck into part of a giant Easter egg at a Johannesburg shopping centre, over the weekend. The chocolate came from a giant Easter bunny, almost four metres tall and made from more than three tonnes of chocolate.

Alberta takes small first step toward geothermal power plant

ENERGY For a province that doesn't hesitate to throw billions of dollars behind energy, \$2.6 million may seem small. But it's a start. Earlier this month the Alberta Energy Research Insti-

tute (AERI), which recently became part of the new provincial research agency Alberta Innovates, approved a \$2.6-million grant for a project that aims to produce geothermal power

from hot water within mature oil wells.

The project is being led by environmental-technology supplier Free Energy International of Vancouver and Calgary-based engi-

neering outfit Borealis GeoPower. Their aim is to build a power plant at an unnamed but fairly mature oil-and-gas production site in Swan Hills, Alberta.

TORSTAR NEWS SERVICE

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Stage set for ugly real estate battle

A court challenge by the Canadian Competition Bureau accusing the Canadian Real Estate Association of being anti-competitive is "fundamentally misconceived," and should be dismissed, say lawyers for the organization.

"There is vibrant and vigorous competition amongst real estate agents and brokers for the supply of residential real estate brokerage services,"

CREA lawyer Katherine Kay stated in a 17 page response to allegations by the bureau filed on Friday.

The case is to be heard before the federal Competition Tribunal, which has the power to administer severe penalties. Talks have broken down between the two sides, as the stage seems set for an ugly battle between organized real estate and the Competition

Bureau, which wants lower prices for consumers.

In her response to the tribunal, Kay contends Multiple Listing Service, or MLS, rules do not "have a negative exclusionary effect on realtors seeking to provide discounted real estate brokerage services or limited service offerings."

Time to respond

- A date for the Competition Tribunal has not yet been set, but the Competition Bureau now has 14 days to respond to the CREA.

The MLS, a database of homes available for sale, is the property of CREA, which has 98,000 members across Canada. The Competition Bureau wants the system opened up to more competition.

One problem, Aitken says, is that consumers are currently forced to buy a bundle of services when they list their properties.

But CREA says in its statement that competition already exists in the market and consumers have choice. **TORSTAR NEWS SERVICE**

In brief

PURCHASE Zhejiang Geely Holding Group signed a binding deal Sunday to buy Ford Motor Co.'s Volvo Cars unit for \$1.8 billion, representing a coup for the independent Chinese automaker which is aiming to expand in Europe.

THE ASSOCIATED PRESS



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TODAY'S RESOURCES, TOMORROW'S LEGACY

Living a green lifestyle can be hard when you are travelling. For hotels that practice green methods check out greenhotels.com. METRO NEWS SERVICES

Going Green

EDITOR: BEN.RYCROFT@METRONEWS.CA



Kick the habit

Kick the Fossil Fuel Habit deals with 10 clean technologies that can save our world today. It explores solar, wind, geothermal, biofuels, hydropower, ocean, smart buildings, transportation, efficiency and conservation and the energy Internet. METRO NEWS SERVICES

Skating sweetheart goes green

BEN KNIGHT
for Metro Canada



Following Canada's tremendous, inspiring success at the recent winter Olympic games in Vancouver, one of the most popular Canadian Olympians of the past 20 years is looking to a greener future.

"As a mom, it's very, very hard to send not only my first child to school, but my last child as well. I felt really, really guilty that they had to take the bus."

Josee Chouinard

Josee Chouinard — three-time Canadian champion figure skater, and Olympic athlete in 1992 and '94 — is spearheading

a contest to find Canada's greenest school.

"My children started school this year — I've got five-year-old twins,"

Chouinard told Metro recently.

"As a mom, it's very, very hard to send not only my first child to school, but my last child as well! I felt really, really guilty that they had to take the bus."

But school buses, it turns out, are a much greener option than taking kids to school in private cars. IC Bus, the largest integrated manufacturer of school buses in North America, launched the Canada's Greenest School contest last month.

One of their new hybrid buses — a \$200,000 value — is the top prize.

"I think it is a great thing to encourage the young generation," the 42-year-old Montreal-born Chouinard says. "By having students doing submissions and entering the con-



Josee Chouinard is spearheading a green campaign.

test, and showing how their schools are committed to going green, it teaches each student the value of green living. They can also show their dedication to green transportation and how it can embody the spirit of a greener planet."

Students are encouraged to make eco-friendly suggestions for making their

schools greener.

The winner gets \$3,000 toward their future education.

The winner's classroom gets free school supplies for a year and — of course — there's a brand new green bus for the winning school.

Full contest info at www.canadagreen-estschool.ca

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The CFL regular season game in Moncton on Sept. 26 is already a sellout. The 13,000 tickets available for the Toronto Argonauts-Edmonton Eskimos tilt at Moncton Stadium were sold in just 32 hours and a capacity crowd of more than 20,000 is expected. **METRO HALIFAX**

Sports



Cornell, Denver eliminated

The NCAA seasons of Cornell forward Blake Gallagher and Denver goalie Marc Cheverie, left, — both from Cole Harbour — came to an end on the weekend in Albany, N.Y. Both schools were among the country's final 16 teams but were knocked out in the East Regional first round.

METRO HALIFAX

EDITOR: DON.MCHOULL@METRONEWS.CA

Sports in brief

MIDGET The St. John's (N.L.) Fog Devils captured the Atlantic major midget hockey championship in Tantallon yesterday with a 6-3 win over the Miramichi (N.B.) Rivermen. The Fog Devils advance to the Telus Cup national championship from April 19 to 25 in Levis, Que. The host Halifax Titans knocked off the Nova Scotia champion Cole Harbour McCains 7-4 in the bronze-medal game.

HOCKEY Halifax's Jillian Saulnier had five points on the weekend to help Canada post a pair of wins to open the world under-18 women's hockey championship in Chicago.

METRO HALIFAX

Saint John, Moncton advance

QMJHL The Saint John Sea Dogs and Moncton Wildcats are moving on, while the P.E.I. Rocket and Cape Breton Screaming Eagles are done.

The Sea Dogs dispensed of the Rocket 4-1 in the QMJHL best-of-seven first round on Friday with a 7-2 win.

The Wildcats also won their first-round series by a 4-1 count with a 4-0 triumph on Saturday.

The quarter-final opponents for Moncton and Saint John are not yet known.

METRO HALIFAX

First time is the sweetest

Smith's OT goal gives Huskies 3-2 win over Alberta

An unlikely hero delivered the Saint Mary's Huskies their first ever Cavendish University Cup.

Brad Smith scored in overtime to lead the No. 3 Saint Mary's Huskies to a 3-2 win over the top-seeded Alberta Golden Bears in the Canadian Interuniversity Sport men's hockey final yesterday.

Smith, who started the game on the fourth line, snapped up a rebound off of captain Marc Raincourt's shot from the slot, and put it top right corner for the win.

"To be honest, I think it's the biggest goal I'll ever score in my career," Smith said after the game.

Smith said that it took him a second to understand what happened.

"I just froze; I couldn't believe it," Smith said. "When I realized what I had just done, I just went crazy."

Rookie goaltender Neil Conway made 38 saves in the win. At the other end of the rink, the Huskies managed only 26 shots on Travis Yonkman through three-plus periods.

Huskies head coach Trevor Stienburg said that he knew how close they came to losing.

"We're not stupid, we know we got outplayed in the first period pretty badly," said Stienburg. "We made the most of our chances, and we just willed it out."

Stienburg said all the media attention that former NHLer Mike Danton brought when he joined



Huskies forward Mike Danton hoists the Cavendish University Cup after Saint Mary's won 3-2 over the University of Alberta Golden Bears in overtime yesterday in Thunder Bay, Ont.

the Huskies in January galvanized the team.

"He's been unreal," Stienburg said of Danton. "The city, the school, and the team's embraced him. "Maritimers love him man."

Cam Fergus and Scott Brophy also scored for the Huskies, while Tyler Metcalfe and Derek Ryan replied for Alberta.

The Huskies returned to the CIS final after making a run of four straight appearances ending in 1972. Saint Mary's lost all four to

the University of Toronto.

The top seed Golden Bears have won three CIS championships in the last six years, and were the favourites to win again this year.

Alberta head coach Eric Thurston said that nerves might have played a part in the loss.

"Obviously guys are afraid to make a mistake," he said.

"We seemed to be a little bit tentative at times. But these guys are just kids, and they're going to get

Past champs

• Past Canadian Interuniversity Sport champions:

- 2010 — SAINT MARY'S
- 2009 — New Brunswick
- 2008 — Alberta
- 2007 — New Brunswick
- 2006 — Alberta
- 2005 — Alberta
- 2004 — St. F.X.
- 2003 — Trois-Rivières
- 2002 — Western Ontario
- 2001 — Trois-Rivières
- 2000 — Alberta
- 1999 — Alberta
- 1998 — New Brunswick

nervous."

Bears captain Tyler Metcalfe said that they could have capitalized better on their chances.

"We laid it on the line," Metcalfe said.

"You always say that you want to bear down more, but it just didn't go our way tonight."

Alberta's power play, which was key in its win against the Lakehead University Thunderbolts Saturday, went 0 for 3 last night.

The Huskies didn't get a whole lot on net managing only 26 shots through three-plus periods but generated quality scoring chances.

Huskies defenceman Andrew Hotham was named tournament MVP while forward Colby Pridham, who was MVP of the Atlantic University Sport playoffs, was forced to sit out the championship game because of a dislocated shoulder.

THE CANADIAN PRESS

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Yesterday the University of Calgary's board of governors endorsed Dr. Elizabeth Cannon, the current dean of the institution's Schulich School of Engineering, as the university's next president, effective July 1. **METRO NEWS SERVICES**

Workology

EDITOR: DOUGLAS.DUNLOP@METRONEWS.CA

Project Hero controversy at uRegina

Sixteen University of Regina professors have written to the school's president outlining their concerns over the university joining Project Hero, a free scholarship program for children of fallen Canadian Forces personnel. They state the program glorifies military action, and they don't want their university to take part in it. One political science professor says the program's name celebrates military intervention abroad adding, "We think this is a glorification of the Afghan effort." **METRO NEWS SERVICES**

Following your dream

No short cut to success, you always have to work hard: Author

RAFAEL BRUSILOV
for Metro Canada



If you feel stuck in a job that frustrates more than satisfies, it might be time to find a career you can truly love.

Most people harbour dreams of pursuing their ideal career but circumstances often force them to pursue other kinds of work, yet the dream doesn't have to wither away if you are determined and ready to work hard.

Chantel Simmons, a former beauty editor at Elle Canada who now works as a consumer trends tracker and best-selling author, says before trying to jump out of a job you hate, you need to have a clear sense of what job you'd actually love.

"You need to allow yourself to think about what you love to do. What do you think you would be able to do every day and not get sick of?" she said.

Simmons herself left her former career to pursue her lifelong passion of being an author and has found success and happiness finally doing something she always wanted to do.

She says ultimately, regardless of what kind of work you do, there's no shortcut to success. You still need to put time and



While you might love, say, building furniture in your spare time, things can change very quickly when you start doing it for money. Keep this in mind when following your dream.

effort into your career, it just becomes easier and more satisfying when you do something you love.

"To succeed you have to do a lot of hard work, no matter what you're doing. If you love what you do, then the hard work pays off," Simmons said.

First off, be sensible and keep your day job — you don't want to dive head first into the deep end until you know you can swim well enough on your own.

"Some people are able to just quit their job and follow their passion but most people are not able

to make that leap. The best thing you can do is take small, small steps. Keep your job while you pursue your passion on the weekends and start out of your kitchen or apartment," Simmons said.

While you might love painting or building furniture to unwind in your spare time, things can change very quickly when you're forced to do something on a daily basis under pressure. The activity you truly love might quickly turn sour once you start to do it for money so test the waters out

first.

"There's a difference between a hobby and a career — you may not love it once it's a full-time job. Go ahead and try your passion on the side and see if it's viable as a job," Simmons said.

When you do decide to pursue your dream, commit to it as fully as any other career.

"If you want to start something you have to be determined. Make a commitment every day and don't be afraid to fail. It's all about taking your own future into your hands," Simmons said.

The first and the most important impression

KEITH CARMAN
for Metro Canada



"You never get a second chance to make a first impression."

Allegedly lifted from author Oscar Wilde, that statement has sold more goods and services than intended when initially hypothesized. Still, it continually rings true, most notably when selling the most important good: Ourselves when securing, maintaining or improving employment.

Unfortunately,

though, as

Adrian Caravello, academic co-ordinator for George Brown College's Food and Beverage/Hospitality and Tourism course notes, few of us realize that even with great interview skills, "first impressions" continue to be vital well after acquiring a position.

After striving to promote ourselves positively to potential employers, people tend to fall back on questionable, even lazy interaction tendencies once the job is theirs: Poor eye contact, weak handshakes, unclear speech, a lack of a genuine smile and improper grooming.

However, while we rarely

consider it, moving up the corporate ladder — let alone maintaining our vocation — relies on essential skills such as strong eye contact, confidence and proper body language. These communicative aptitudes are equally key later in our career, not just during that initial screening process.

"When I hire someone, I envision that individual

greeting my most 'sophisticated' and quirky guests," Caravello advises as an employer experienced in screening potential staff. "I play out a scenario to evaluate if they could make a positive impression on them."

Caravello also reveals that maintenance or alteration of a first impression can be harder than we imagine. Within three seconds of an introduction, many employers have assumed a staff member's future potential with their organization, an opinion supported or refuted by our future actions.

"An employer evaluates to see if you fit into their vision ... Psychologically, bosses will prefer and be more open to future interaction with those who made positive first impressions."

"Psychologically, bosses will prefer and be more open to future interaction with those who made positive first impressions."

Adrian Caravello

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Saskatchewan to reinstate funding for FNUC

The Saskatchewan government will restore funding to the First Nations University of Canada after a working group reached an agreement last week on the process for the reorganization and future operation of FNUC over the next four years. **METRO NEWS SERVICES**

Many diamonds in the rough

**OddJobs**

Diane Peters

Metronews.ca/oddjobs

If you make a mistake at work, your boss will probably be very annoyed with you. If Jeannine Pilon makes an error, it's instantly worth thousands of dollars.

Pilon, now 38, was born in Sudbury, Ont., and started her professional life doing hospice work — caring for people who were dying.

Then she moved up to Yellowknife with her then-husband, had a baby and decided she wanted to do something a more positive and creative.

She heard about a diamond-cutting course when she attended a trade show.

Pilon had always been artistic: She drew, sewed and had painted a huge mural on her son's bedroom wall.



Cutting diamonds can actually be dirty work, says Jeannine Pilon.

Pilon did well right away. Staff from Arslanian Cutting Works came in weekly to look over the students' work, and liked Pilon's so much she was hired before completing the four-month course.

Once on the job, Pilon began a three-year apprenticeship under a master cutter, then wrote an exam to be fully certified.

She only works on dia-

monds that have already been through several stages and tradespeople, including a marker who marks where a stone will be cleaved into two (as most rough diamonds yield two stones), a sawer who cuts it and a bruter who creates the round shape of the stone.

"My job is to make it as pure and clear as possible," says Pilon. Using her wheel

The Lowdown

Job title: Diamond cutter

Salary: \$100,000 plus

Education/training: Three-year apprenticeship and passing an exam

Best Part of the Job: "Taking something that's possibly 3.2 billion years old and possibly creating a masterpiece for someone to pass down for generations."

Worst Part of the Job: "Having to give them away."

— which looks like a turntable — and holding the diamond in a tool called a tang that can be adjusted to get the angles perfect, she "blocks" the stone by creating eight facets on the top and eight on the bottom of the diamond. She constantly looks at the stone through a jewellers magnifying glass.

Pilon then moves on to brilliantizing, which involves cutting 57 tiny, perfect facets.

Each diamond takes between 15 and 45 minutes to complete, but Pilon will

often spend half the day blocking and another half brilliantizing.

The work is tedious and dirty: Pilon is covered with carbon at the end of the day and showers as soon as she gets home. It's also stressful.

Overcutting lowers the value of the diamond, and making too many mistakes can mean you'll soon be working on less valuable stones.

Because of the recession, Pilon was laid off last summer.

Since then, she's been doing freelance work, including demonstrating the cutting process to the public in Yellowknife and at the Vancouver Olympics.

It's a cleaner version of her old job, and one where she can wear some of her own diamonds. She has eight stones, but never wears them all at once. "I'm not dripping with them."

Diane Peters once hawked magic pens at the Canadian National Exhibition. She's now a writer and part-time journalism instructor.

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14 workology

Recent study says hiring on the rise

With all eyes focused on job creation, a new survey that tracks professional employment offers a bit of good news for the upcoming quarter.

Ten per cent of executives interviewed for The Robert Half Professional Employment Report said they plan to increase the number of full-time employees in professional occupations in the second quarter, and six per cent anticipate declines. Eighty-two per cent of executives interviewed expressed confidence in their companies' prospects for growth in the next quarter.

Key Findings

- A net four per cent of executives plan to increase hiring in professional occupations, such as accounting, finance and information technology (IT), in the second quarter of 2010.
- Executives in the finance, insurance and real estate sector plan to do the



Get ready for some hiring. A recent survey says more executives plan to hire than fire this year.

most hiring of professional staff, with a net nine per cent projecting hiring increases.

• The legal field is expected to see the strongest hiring activity, with a net 26 per cent of respondents expecting to increase staff levels.

• Nearly four in 10 executives (37 per cent) said it is challenging to find skilled professionals today.

Max Messmer, chairman and CEO of Robert Half International, noted that the second-quarter projections may indicate companies are cautiously rebuilding. "Many firms, especially those that found they cut staff too aggressively during the worst of the recession, may need to add personnel at the first sign of a pickup in business," he said.

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Fox cancel 24

The eighth and current season of 24 will be the show's last. Fox is ending the popular drama's run this May. "While the end of the series is bittersweet, we always wanted 24 to finish on a high note," star Kiefer Sutherland said in a statement. POPEATER.COM

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Entertainment

EDITOR: DEAN.LISK@METRONEWS.CA

The kids are all right

Lautner, Cyrus win blimp trophies, avoid slime at Kids' Choice Awards

Team Jacob was triumphant at the Kids' Choice Awards.

Twilight star Taylor Lautner picked up two orange, blimp-shaped trophies at Saturday's 23rd annual shenanigan-packed Nickelodeon spectacle inside UCLA's Pauley Pavilion. Lautner snared the favourite actor honour for his New Moon role as hunky werewolf Jacob Black as well as the inaugural cutest couple award with his Twilight co-star Kristin Stewart.

"I have to admit I have always dreamt of winning one of these orange blimps," said Lautner.

The fan-favourite ceremony's host, Paul Blart: Mall Cop actor-comedian Kevin James, kicked off the show by performing a hip-hop dance routine as Adam Sandler serenaded him from above while dressed as an angel and fountains of green slime spontaneously gushed on the first few rows of the audience. James said more than 115 million votes were received this year.

Katy Perry, wearing a bright blue wig and skintight flowery dress, was blasted with slime when presenting the favourite movie actress trophy to Miley Cyrus. The goeey I Kissed a Girl singer chased the Hannah Montana actress around the stage, but co-presenter Jonah Hill grabbed Perry before she could embrace the 17-year-old singer-actress



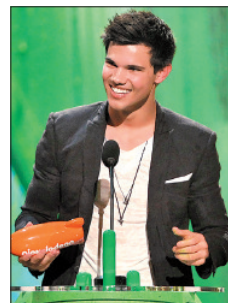
with a slimy hug.

"I can't see anything," complained Perry. "Why does it taste like boogers?"

Other favourites included Alvin and The Chipmunks: The Squeakquel for movie, Up for animated movie, Jim Carrey for voice from an animated movie

for A Christmas Carol, Mario Kart for video game, iCarly for TV show, American Idol for reality show, SpongeBob SquarePants for cartoon, Dylan Sprouse for TV actor and Selena Gomez for TV actress. "I'm the luckiest girl in the whole world," said Gomez.

In the music categories, the winners were Black Eyed Peas for music group, Jay-Z for male singer and Taylor Swift for female singer and song for You Belong With Me. Favourites in the sports categories were two-time Olympic gold medallist volleyball



Katy Perry, left, gets slimed at Nickelodeon's Kids' Choice Awards on Saturday while Taylor Lautner, above, accepts the award for favorite movie actor.

"I can't see anything. Why does it taste like boogers?"

Katy Perry

player Misty May Treanor for female athlete and 20-year-old skateboarder Ryan Sheckler for male athlete. "This goes right in the trophy case," Sheckler said holding up his blimp.

First lady Michelle Obama won the ceremony's Big Help award for her Let's Move campaign to cut down on childhood obesity. The honour is part of Nick's own Millions on the Move campaign. Over the next few months, the network will feature public service announcements to encourage kids to stay active and promote activities that help the environment.

THE ASSOCIATED PRESS

No baby yet

Fans who can't wait to see Beyoncé Knowles and Jay-Z start a family will have to be patient. Despite reports to the contrary, Beyoncé's rep says the singer is not pregnant. PEOPLE.COM



Kim Baryluk

Wyrd Sisters settle Harry Potter suit

MUSIC Five years after it started, a legal battle that threatened to derail one of the Harry Potter movies and stirred up a cauldron of anger among fans has ended quietly, shrouded in the kind of mystery befitting a wizard.

A \$40-million lawsuit launched by The Wyrd Sisters, a little-known Winnipeg folk group, has been settled out of court, representatives for both sides confirmed. However, the settlement is subject to a confidentiality clause that prevents either side from revealing what, if any, money has changed hands.

The Wyrd Sisters tried to block the 2005 release of Harry Potter and the Goblet of Fire when they found out that the movie, like the book on which it is based, was to feature a rock group called either The Weir Sisters or The Wyrd Sisters.

Kim Baryluk, the group's founder and only consistent member, sued for \$40 million, and asked an Ontario court to block the release of the movie across Canada.

THE CANADIAN PRESS

Cyrus quits Hannah Montana

• Miley Cyrus has quit Hannah Montana, femalefirst.co.uk reports. The 17-year-old star announced yesterday she would be leaving the Disney show to pursue her pop career full-time because she has "grown out" of it. "I'm going to rejoice

and be happy to finally not have to be somebody I'm not. Now that I'm older, people can say what they



want and I'm like, 'Whatever.'" Her decision follows Cyrus being named Favourite Movie Actress at the Nickelodeon 23rd Annual Kids' Choice Awards.

METRO NEWS SERVICES



He's back at Mic Mac!

Don't miss the Kid's Bunny Walk and Easter Egg Hunt, April 3 from 9am - 10am. Details and registration at easterseals.ns.ca or Easter Bunny Land (Bay Court, Second Level).

All proceeds go to Easter Seals Nova Scotia in support of Nova Scotians with physical disabilities.

Get your photo with the Easter Bunny:

March 27 - 10am to 8pm
March 28 - 12pm to 5pm
March 29 - April 1 - 2pm to 6pm
April 2 - Good Friday - Mall Closed
April 3 - 10am to 8pm
April 4 - Easter Sunday - Mall Closed



MIC MAC MALL

Matt Damon was honoured at the Beverly Hilton Hotel in Los Angeles on the weekend for his film and philanthropic work. A taped version of the event, Hollywood Salutes Matt Damon: An American Cinematheque Tribute, will air in April on ABC. **EW.COM**



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Jackson had cream for skin-whitening

SEARCH Detectives found large quantities of general anesthetic and dozens of tubes of skin-whitening creams in Michael Jackson's home after the singer's death, search warrants unsealed Friday show.

Investigators went to Jackson's rented mansion June 29 following a lengthy interview with his personal physician, Dr. Conrad Murray, who told them he had placed a medical bag in a cupboard in a closet.

At the home, detectives found 11 containers of the powerful anesthetic propofol, some of them empty, as well as a range of sedatives and various medical items including a box of blood pressure cuffs, according to the warrants, which were redacted and unsealed after The Associated Press filed a legal motion.

Jackson's June 25 death at age 50 was ruled a homicide caused by an overdose of propofol and other sedatives. Murray has pleaded not guilty to involuntary manslaughter. During their search, detectives found 19 tubes of hydroquinone and 18 tubes of Benoquin, both of which are commonly used in the treatment of a skin condition Jackson had called vitiligo. The disease creates patches of depigmented skin, and creams can be used to lighten skin that has retained its colour to give a more even appearance.

"Some people with vitili-

go get to the point where there is so much of them that it is pale, it makes more sense to remove the bits that are brown," said Dr. David Sawcer, assistant professor of clinical dermatology at the University of Southern California.

Benoquin is derived from hydroquinone. Though the creams can be used at the same time, it is unusual to do so, Sawcer said. The medications typically come in travel-toothpaste-sized tubes and each treatment usually lasts a few months. Side effects include acute sensitivity to the sun.

"In the places they have no pigment, they are exactly like an albino," Sawcer said.

The skin cream was not listed as a factor in Jackson's death nor was it detected in a toxicology report. What killed Jackson, according to the autopsy report, was an overdose of propofol, an anesthetic normally used for surgery.

THE ASSOCIATED PRESS



Actor Peter Facinelli stars as a doctor in both the Twilight movie franchise and the TV show Nurse Jackie.

Twilight Doc doing double duty

Formerly shy Facinelli now a star on big and little screens

Early on in their careers, many actors question whether their dreams to be in show business are realistic goals. For Twilight actor Peter Facinelli, that internal struggle came when he was about eight.

"I was just really shy, and there was one part of my brain saying, 'You should go be an actor' and the other part of my brain going, 'You're really nuts because I can't even stand in the lunch line in school because I'm afraid of people,'" he recalls.

But his artistic side overtook his practical one. He ended up studying theatre at New York University and now not only stars in the white-hot Twilight

movie series, but has also won acclaim for his supporting role as Dr. Fitch Cooper on the Showtime cable network's Nurse Jackie.

The dark comedy, which had its second season premiere in the U.S. last week, was the most-watched new series in Showtime's history when it debuted last year.

"I'm a fan of the show. I love watching these characters and how they all interact ... and to see how they react off of each other, and how they get along and don't get along," Facinelli said.

Eddie Falco stars as nurse Jackie Peyton, a drug addict who is both unethical on the job and in her mar-

riage. Facinelli's character, a young, Ivy League-educated know-it-all, is somewhat smitten with his co-worker.

"He's kind of like the kid in third grade who has a crush on somebody, but it's not being reciprocated, so he's constantly pulling on her pigtails trying to get a reaction out of her," he said.

Facinelli, who plays the patriarch vampire clan leader Dr. Carlisle Cullen in the Twilight series, returns with the third instalment, Eclipse, out June 30. Facinelli says Eclipse will be more action-based and will feature the Cullens in a different light.

"Usually, they're very buttoned-up and you know, always trying to appear human and be in control. And in this movie, we have this looming presence throughout the whole movie that's hard to stay in control all the time," he said.

With steady projects on his resume, Facinelli, 36, is capitalizing on his success by writing movies. He's penned the TV-film Mulligan, which will star his wife, former Beverly Hills 90210 actress Jennie Garth.

"I finished writing it and then she read it and said, 'Hey if you ever make this I want to play this.' And I said, 'We'll see. Maybe you'll come in and audition for it,'" Facinelli said with a laugh.

He also wrote and will star in the romantic comedy Loosies, about a pick-pocket in New York who has commitment issues and learns from a one-night stand that he's a father-to-be. And he'll star in the biopic Paz, based on the life of boxer Vinny Pazienza.

Facinelli has become a popular face in Hollywood, and he has more than 1.5 million followers on Twitter to prove it.

"Some people get mad because they say, 'You used to respond more,' but I found that my responsibility has shifted. I used to respond more when I had few followers. Now I can't respond to every single thing but I still read them all," he said.

THE ASSOCIATED PRESS

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Handler ramps up the hilarity in new book

Book Review

HUMOUR Chelsea Handler spins a series of gut-busting tales in her latest, completely outrageous, laugh-out-loud book. Chelsea Handler's Bang Bang offers a bevy of essays as unflattering as they are hilarious.

Fans of Handler, a standup comedienne and host of E! television's Chelsea Lately, are treated to a plunge down the rabbit hole with the follow-up to her best-seller, Are You There, Vodka? It's Me, Chelsea. Chelsea Chelsea

Bang Bang adds new dimension to the definition of dysfunction and it's hard to tell whether her outlandish stories are designed more to amuse herself or her fans.

Handler can bend the truth with greater ease than a pro weight-lifter. She convinced Heather McDonald, a Chelsea Lately staff writer,

that McDonald had been hired to write a comedic screenplay recalling the explosion of the Challenger space shuttle.

And she conned her boyfriend into going to a dog's funeral under the guise that she'd killed the canine with

seafood. She hits her stride when discussing family. Her portrayals of her home life are chaotic and likely exaggerated but so much fun to read. While her relationship with her siblings is tumultuous, it's also loving and fun, garnished with a little absurdity.

The book's strength lies in the passages about family. The Handler siblings share a corn ball sense of humour (and they refer to their father as "Platypus"). It's a different twist on what makes a happy household, but it's an effective one.

THE ASSOCIATED PRESS



All wild, all the time

National Geographic's WILD show debuts in U.S.

Flip on the National Geographic Channel and you'll find animals in the wild sharing time with shows on science, exploration, history and world culture.

When you flip on Nat Geo WILD, soon to be available in the United States for the first time, it'll be all wild, all the time — and available in HD.

The 24-hour WILD was introduced in Hong Kong three years ago and is available in more than 50 countries, said Geoff Daniels, the executive in charge of programming for the new network. The United States will be added today, nine years after Nat Geo went on the air.

WILD has been one of fast



Miraya Mayor, primatologist, in the Republic of Congo during a filming for National Geographic's Nat Geo Wild series.

growing National Geographic projects internationally, Daniels said. High definition makes the timing right and the viewing awesome, he said.

High definition, Daniels said, gives filmmakers new

power to peel back the mysteries of the wild world, including the daily struggles of life in the wild.

"We're not going to shy away from getting viewers closer to that experience," he said.

THE ASSOCIATED PRESS

Box office

1 How to Train Your Dragon:
\$43.3 million

2 Alice in Wonderland:
\$17.3 million US

3 Hot Tub Time Machine:
\$13.7 million

4 The Bounty Hunter:
\$12.4 million

5 Diary of a Wimpy Kid:
\$10 million

6 She's Out of My League:
\$3.5 million

THE ASSOCIATED PRESS

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Sean Kingston Ft Justin Bieber - Eenie Meenie
Down With Webster - Your Man
Marianas Trench - Celebrity Status
Ricky J - Whatta Night
Timbaland Ft Katy Perry - If We Ever Meet Again
Black Eyed Peas - Imma Be
Hedley - Perfect
Adam Lambert - Whattaya Want From Me
Justin Bieber Ft Ludacris - Baby

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|---------------|-----|-----|-----|-------|--------------------------------------|-----------------|---|--|--------------------------------------|--|------------------------------------|----------------------------------|
| 3/29/10 | 31 | 31 | 31 | ABC | News Center 5 | World News | Inside Edition | Chronicle | Dancing With the Stars (HDTV) (Live) | | | Castle |
| | 7 | 7 | 7 | ASN | The Road to Avonlea | Degrassi: Next | TMZ (N) | Dancing With the Stars (HDTV) (Live) | | | | Castle |
| | 11 | 11 | 11 | CBC | Wheel Fortune | Jeopardy! (N) | Keep Your Head Up Kid: The Don Cherry Story (DVS) | | CBC News: The National | | | The Hour |
| | 2 | 2 | 2 | CBC-F | Pyramid (SC) | La force | Virginie (SC) | Belle-Bale (N) | L'Auberge du chien noir (SC) | Les Boys (SC) | C.A. (N) (SC) | Le Téléjournal |
| | 32 | 32 | 32 | CBS | WBZ News (N) | Evening News | Wheel Fortune | Jeopardy! (N) | How I Met | Engagement | Two/Half Men | Big Bang Th |
| | 69 | 69 | 69 | CFMT | TVA nouvelles | Le Cercle (SC) | Rachid | Bloopers TVA | Yamaska (N) (SC) | | Yamaska (N) (SC) | TVA nouvelles |
| | 6 | 6 | 6 | CHF | Entertainment | ET Canada | Cold Blood | | House "Brave Heart" | 24 (HDTV PA) (N) | | News Final (N) |
| | 9 | 9 | 9 | CJCH | etalk | Access H | CSI: Miami (HDTV) | Hiccups (N) | Dan for Mayor | Two/Half Men | Big Bang Th | CTV News |
| | 10 | 10 | 10 | ELTV | Face to Face | Fishing | Sportsland (Live) | | Face to Face | Sportsland | | Community Matters |
| | 36 | 36 | 36 | FOX | Seinfeld | The Simpsons | Two/Half Men | Extra (N) | House "Brave Heart" | | 24 (HDTV PA) (N) | Fox First |
| news | 12 | 12 | 12 | NBC | News (N) | NBC News | Access H | Extra (N) | Chuck (HDTV) (N) | | Trauma "Targets" (N) | Law & Order |
| | 29 | 29 | 29 | NW | (6) Power & Politics | | The Lang & O'Leary Exchange | Connect with Mark Kelley (N) | | CBC News: The National | American Experience (DVS) | Future Earth |
| | 4 | 4 | 4 | PBS-B | PBS NewsHour (N) | | Greater Boston | HS Quiz Show | Antiques Roadshow (N) | | American Experience (DVS) | |
| | 35 | 35 | 35 | PBS-D | PBS NewsHour (N) | | Business Rpt. | Worldfocus | Antiques Roadshow (N) | | American Experience (DVS) | |
| | 68 | 68 | 68 | TQS | Guerre clans | Atomes croch | Big Brother QC | Rire et délire | CSI: NY (N) (SC) | | Le Mentaliste (SC) | L'Attaque à 5 |
| | 18 | 18 | 18 | BNN | Business News | Headline | Market Call Tonight | MoneyTalk | Market Call | | Squeeze Play | Business News |
| | 26 | 26 | 26 | CNN | Situation Room-Wolf Blitzer | | John King, USA (N) | Campbell Brown (N) | | Larry King Live (N) | Cooper 360 | |
| | 54 | 54 | 54 | GOLF | Golf Central | Play Lessons | The Golf Fix (HDTV) (Live) | Haney Project | Haney Project | | Haney Project | The Golf Fix |
| | 52 | 52 | 52 | RSE | Connected W-Prime Time | | MLB Preseason Baseball Tampa Bay Rays at Boston Red Sox (HDTV) (Live) | | | | | Sportsnet Con. |
| | 55 | 55 | 55 | SCOR | HSR | Covers Experts | RaceNight | | | (10:15) WWE Monday Night RAW | | |
| sports | 45 | 45 | 45 | SPD | Barrett-Jackson 2010 | | NASCAR | NASCAR Hub | Fast Track to Fame (HDTV) | Racing Chef | NASCAR | NASCAR |
| | 53 | 53 | 53 | TSN | Off the Record | SportsCentre | NBA Basketball | Toronto Raptors at Charlotte Bobcats (HDTV) (Live) | | | SportsCentre | |
| | 43 | 43 | 43 | FAM | Han, Montana | Suite Life | Sonny Chance | Suite Life | Han, Montana | Wizards-Place | Latest Buzz | Ned's School |
| | 44 | 44 | 44 | TOON | Jimmy Two | Johnny Test | Total Drama | Total Drama | 6TEEN | Futurama | King of the Hill | American Dad |
| | 26 | 26 | 26 | TREE | Guess-Jess | 3rd and Bird | Backyardigans | Night Garden | Waybuloo | Max & Ruby | Franklin | Bucket-Dinos |
| | 27 | 27 | 27 | YTV | iCarly | To Be Indie | iCarly | Scorpion | Malcolm-Mid. | Hates Chris | 8 Simple Rules | Things I Hate |
| | 16 | 16 | 16 | A&E | The First 48 "Hard Fall" | | Criminal Minds (HDTV) | Intervention "Allison" | | Rendez-vous sur la Lune (1995, Fantastique) | | Hoarders |
| | 70 | 70 | 70 | APTN | APT National News (N) | | Mishkuenita | Shaputuan (N) | Tshenu | | | Family Crews |
| | 50 | 50 | 50 | BET | 106 & Park: BET's Top 10 Live | | | | Boy n the Hood *** (1991, Drama) | Larry Fishburne | | |
| | 37 | 37 | 37 | BRVO | Emily of New Moon | | Circa | | Grasslands-Heaven | Genius Within: The Inner Life of Glenn Gould | | |
| family | 25 | 25 | 25 | CMT | Unstable | Unstable | Due South | | Amer. Funniest Home Videos | According-Jim | According-Jim | Bull Durham |
| | 49 | 49 | 49 | COM | Just for Laughs | | Air Force | 22 Minutes | Corner Gas | Name Is Earl | | Mike Birbiglia |
| | 153 | 153 | 153 | COURT | W-FIVE | | Killer Next Door | | Haunting Evid. | Dumb Criminal | | Killer, Door |
| | 38 | 38 | 38 | DISC | Canada's Worst Handyman | | Daily Planet (N) | | MythBusters | Dirty Jobs (N) | | Motor City |
| | 48 | 48 | 48 | HGTV | Extreme Makeover: Home | | House Hunters | Property Virgin | For Rent | Bang, Buck | | House Hunters |
| | 46 | 46 | 46 | HIST | Doglights "The Greatest Air Battles" | | Doglighting | | Aftermath (N) | | | Underworld |
| | 17 | 17 | 17 | MM | Buffy the Vampire Slayer | | Secret Life of American Teen | | America's Best Dance Crew | | Degrassi: TNG | Love Court |
| | 19 | 19 | 19 | MM | mmtp10.ca | | The Daily Fix | | Ranked! | | mmtp10.ca | Behind/Music |
| | 201 | 201 | 201 | M1 | Ties That Bind (2009, Suspense) | Kristanna Loken | | Sanctuary "The Five" | | Spartacus: Blood and Sand | | Nurse Jackie |
| | 23 | 23 | 23 | OLN | Mantracker | | Ghost Hunters | | Destination Truth | | Oper. Repo | Ghost Hunters |
| cable variety | 51 | 51 | 51 | PEACH | Friends | Seinfeld | Family Guy | Family Guy | House-Payne | House-Payne | | Seinfeld |
| | 206 | 206 | 206 | PIX | (6:30) Dark City ** (1998, Fantasy) | | | (8:20) The Rhino Brothers (2001) | | | | The Wizard of Oz (1939, Fantasy) |
| | 67 | 67 | 67 | RDI | RDI monde | RDI économie | 24 Heures en 60 minutes | | Grands reportages (SC) | | Le Téléjournal (SC) | RDI économie |
| | 39 | 39 | 39 | SHOW | Trailer Park | Trailer Park | Relic Hunter | | The Bad Son (2007, Suspense) (HDTV) | Catherine Dent | | Misfits |
| | 40 | 40 | 40 | SLICE | Whatever | Wedding SOS | Rich Poor | Rich Poor | Nearly Dead | Newlywed | | Trading Spouses |
| | 47 | 47 | 47 | SPACE | Stargate SG-1 | | Stargate Atlantis (DVS) | | Star Trek: Voyager | | Feast ** (2006, Horror) Navi Rawat | |
| | 14 | 14 | 14 | SPIKE | Ways to Die | | UFC Unleashed | | | | TNA Wrestling (HDTV) (N) | |
| | 98 | 98 | 98 | STAR | etalk | TMZ (N) | Look-A-Like | TMZ | The Ellen DeGeneres Show | | The View (HDTV) | Dr. Oz Show |
| | 21 | 21 | 21 | TLG | Say Yes-Dress | Say Yes-Dress | Say Yes-Dress | Say Yes-Dress | Say Yes, Dress | Say Yes, Dress | Ultimate Cake Off | |
| | 34 | 34 | 34 | TROP | Carlawood | Prod. Parker | Re-Vamped | | Wipeout (N) | | Wipeout (N) | Parking Wars |
| cable variety | 20 | 20 | 20 | TVS | Que-champion | Journal de Fr2 | Les Carnets du bourlingueur | | | La Traque des Nazis | | Yogaveur |
| | 28 | 28 | 28 | V | Doc | | Murder, She Wrote | | Eyes Down | Wait for God | | Choices-Face |
| | 97 | 97 | 97 | VIVA | Mediums | Ghostly Enc. | Cold Case "Sabotage" | | Missing "Last Night" | | Medium (N) | Cold Case |
| | 22 | 22 | 22 | W | House-Sell | House-Sell | Supernanny | | How Clean Is | How Clean | | Love It or List It |
| | 251 | 251 | 251 | WGN | WGN Evening News | | Two/Half Men | Family Guy | Life Unexpected (N) | | Gossip Girl (HDTV) (N) | WGN News |

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Hailey Glassman is planning on becoming a star like her ex-boyfriend Jon Gosselin, left, popeater.com reports. "I was offered to do a show called Starting Over, which will be about me leaving New York and all the negative behind me," she told radaronline.com. **METRO NEWS SERVICES**

Celebrity Buzz

Not so Sunny for Sandra

COULD THIS FAMILY BE MORE COMPLICATED? Sandra Bullock has contacted family lawyers to fight for custody of her stepdaughter, femalefirst.co.uk reports.

The actress — whose husband Jesse James allegedly cheated on her with tattoo model Michelle "BombsHELL" McGee — has reportedly contacted legal representatives and has

been devastated to find James' infidelity will not affect her chances of getting custody of stepdaughter Sunny.

A U.S. legal source said: "Infidelity has no bearing on custody. The most she can aim for right now is split custody, and a lot of that would have to be agreed by him."

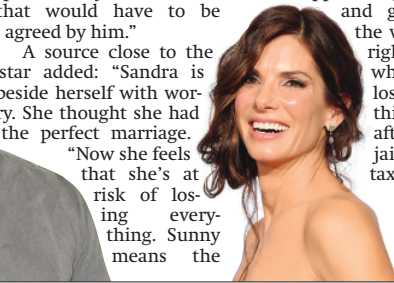
A source close to the star added: "Sandra is beside herself with worry. She thought she had the perfect marriage."

"Now she feels that she's at risk of losing everything. Sunny means the

world to her. She loves that girl to death."

The actress has raised Sunny — James' daughter from his former marriage to porn star Janine Lindemulder — as her own, but is now terrified the child's mother will use this opportunity to try and get back the visitation rights which she lost earlier this year after being jailed for tax evasion.

METRO WORLD NEWS



Chastising cheeky Chloë

LEARN YOU LINES BUT DON'T ACTUALLY THINK ABOUT WHAT YOU'RE SAYING Actress Chloë Sevigny has apologized for blasting the latest season of her TV drama Big Love as "awful," insisting her comments were misinterpreted, femalefirst.co.uk reports.

The star, who plays a fundamentalist Mormon wife in the hit U.S. series, risked the wrath of TV bosses when she appeared to take aim at the show's writers.

She was reported as saying, "It was awful this season, as far as I'm concerned. I'm not allowed to say that! ... I feel like it kind of got away from itself ... I mean, I love the show, I love my character, I love the writing, but I felt like they were really pushing it this last season."

"And with nine episodes, I think they were

just squishing too much in ... But I hope the fans will stick with us and tune in next year."

"There's a lot of people who really love this season, surprisingly. God, I'm going to get in so much trouble."

But Sevigny has moved quickly to play down her remarks, blaming the media for blowing the situation out of proportion. She tells Entertainment Weekly,

"I feel pretty terrible. I feel like what I said was taken out of context."

METRO NEWS SERVICES

Getting out the big guns but no roses

JUST ORAL AGREEMENTS Guns 'N' Roses front-man Axl Rose is facing a lawsuit from his former manager, Irving Azoff, over nearly \$1.9 million US in fees Azoff says Rose failed to pay him, according to the Associated Press.

The lawsuit claims that Azoff's firm, Frontline Management, had an

oral agreement with Rose to receive 15 per cent of the singer's earnings.

Frontline claims Rose earned more than \$12 million for appearances overseas that he hasn't paid them for.

METRO WORLD NEWS



Wants to grace the silver screen with her presence

THE IDEA OF A 50-FOOT HEIGH HEIDI IS TERRIFYING Her MTV reality series has been canceled and her attempt at being a pop singer fizzled, but Heidi Montag insists she's now found her calling.

"I'm so excited The Hills is finally over and I can now become a full-time motion picture actress," Montag tells People magazine. "I'm now finally free to start my career and my new life as

female mogul in Hollywood."

And Montag has aspirations beyond acting, crossing over into screenwriting as well.

"I am making the first 3-D beach comedy about a shark that attacks a small beach town and I save the day with my 3-D boobs," she says. "I've even written a role for Dolly Parton to play the town mayor."

METRO WORLD NEWS



Not doing a song and dance

TOO BUSY MAKING WINNERS LIKE DEAR JOHN Mamma Mia! star Amanda Seyfried has confessed she started rumours movie bosses were planning a sequel to the musical hit — because she's desperate to reprise her role, femalefirst.co.uk reports.

The actress found fame — and love with co-star Dominic Cooper — when she landed a lead role in the Abba-inspired 2008 film.

Director Phylli-

da Lloyd was last year reported to be working on a follow-up — but Seyfried admits she took the gossip she'd heard and spread it around Hollywood.

She adds, "My boyfriend (Cooper) had talked to Phyllida (Lloyd) and she said that if they do Mamma Mia! they are going to use a whole new cast and do a prequel. And then that's when I said 'No, it's not going to happen.'"

METRO NEWS SERVICES



She wants to castle her King

HE WANTS TO CHECK HER MATE. NOPE, IT DOESN'T MAKE ANY SENSE TO HER EITHER While they may or may not be dating, Jessica Simpson and Billy Cor-gan have found something they enjoy doing together after Corgan taught Simpson how to play chess, according to the National Enquirer.

"He taught

her how to play and was surprised at how quickly she got the hang of it, but she is yet to beat him," a source says.

"Billy likes to share his hobbies with his friends." The pair reportedly have an intense weekly game going.

METRO WORLD NEWS



Follow these celebrities on Twitter...

CelebTweets

Conan O'Brien gets help posting on Twitter, Ben Stiller has kind words for Justin Bieber, and Lindsay Lohan is surprised to see herself on TV.

@ConanOBrien sklfjslj;v999[aeaeoc (my dog's first tweet)

@RedHourBen Met Justin Bieber tonight on Letterman. Told him to hang in there, things will happen for him eventually.

@lindsaylohan okay, this was weird!! i was just watching a recorded 30ROCK & when it finished it went back 2 regular tv & "Georgia Rule" is on! so random! flats



Lilo left out

DEE-NIE! Lindsay Lohan had trouble getting into a Victoria's Secret party recently while Paris Hilton, Nicole Richie and Russell Brand celebrated inside, according to Radar Online.

"As soon as she strolled up to the door, the rope was quickly pulled in front of her," a source says. "She tried to pass the big bodyguard but he blocked her way."

A source associated with the party insists it was just a misunderstanding, and that "Lindsay wasn't banned from the guest list."

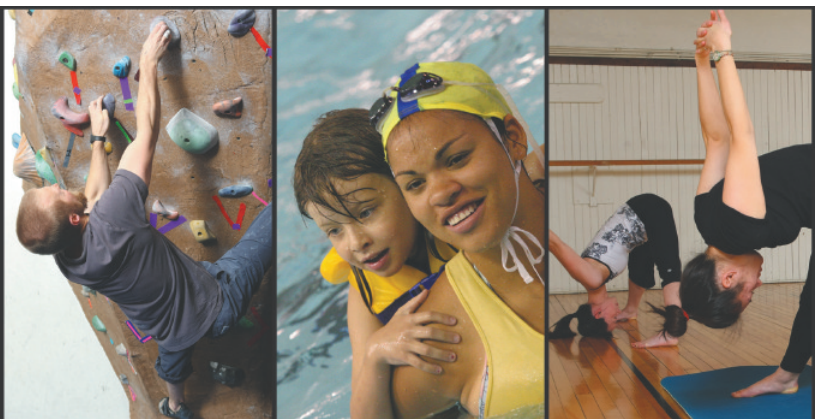


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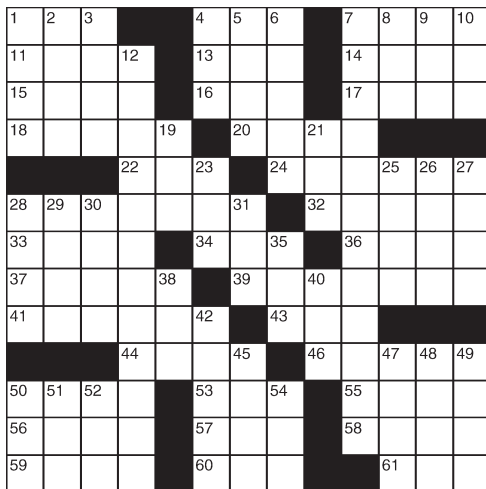




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Take Five



ACROSS

1 Cauldron
4 Surprise cries
7 FDR's dog
11 Essen's river
13 "Phooey!"
14 PC picture
15 First name of 18-Across
16 Anger
17 Lascivious
18 Modernist poet
20 Otherwise
22 Youngster
24 Melted-cheese dish
28 Sleepwear
32 Exceedingly
33 Egg
34 — Kippur
36 London art gallery
37 Gold or silver
39 Yellow-orange
41 Roman magistrate
43 Sticky stuff
44 Black, in poetry
46 Light carriage
50 Options list

53 Female deer
55 — contendere
56 Culture medium
57 Very long time
58 Active one
59 Mutts
60 Single
61 Doctor's due

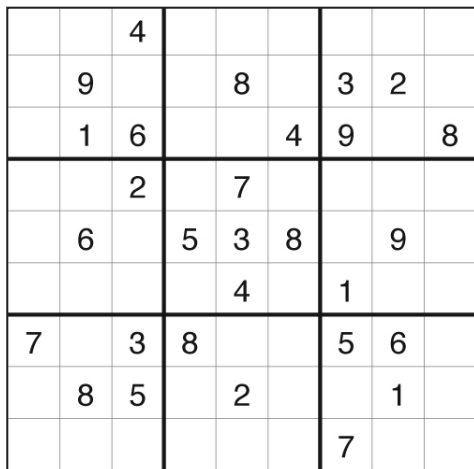
DOWN

1 Get ready, for short
2 Anise-flavored liqueur
3 From one end to t'other
4 Sapporo sash
5 Tortoise's opponent
6 Ledge
7 "HTTP Error 404" message
8 High card
9 Depressed
10 Plus
12 The unskilled
19 Poorly lit
21 Junior
23 Rotation duration
25 Cherished one

Sudoku

For more/less challenging Sudoku puzzles, visit metronews.ca

HOW TO PLAY: Digits 1 through 9 will appear once in each zone — one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.



PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:



| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 9 | 7 | 6 | 4 | 3 | 1 | 2 | 8 | 5 |
| 8 | 5 | 1 | 9 | 2 | 6 | 7 | 4 | 3 |
| 2 | 4 | 3 | 5 | 7 | 8 | 6 | 9 | 1 |
| 6 | 9 | 4 | 3 | 1 | 2 | 8 | 5 | 7 |
| 7 | 2 | 8 | 6 | 5 | 4 | 3 | 1 | 9 |
| 3 | 1 | 5 | 7 | 8 | 9 | 4 | 6 | 2 |
| 4 | 3 | 7 | 1 | 6 | 5 | 9 | 2 | 8 |
| 5 | 6 | 2 | 8 | 9 | 3 | 1 | 7 | 4 |
| 1 | 8 | 9 | 2 | 4 | 7 | 5 | 3 | 6 |

On the web

For more games and 60 additional daily cartoon strips, visit metronews.ca



Metro Recipe of the Day



Roasted Tomato, Pepper and Chorizo Soup

INGREDIENTS:

1 red onion, with skin, quartered
2 red peppers, halved lengthwise
4 plum tomatoes, halved
2 garlic cloves, unpeeled
2 cups chicken stock
540 mL can red kidney beans, drained and rinsed
100 g chorizo, chopped
2 tsp balsamic vinegar
1/3 cup fresh basil, torn

METHOD:

1. Preheat broiler to high. Arrange onion, peppers and tomatoes on baking sheet, cut sides down, with garlic cloves.

2. Cook vegetables 6-8 minutes or until skins begin to blacken. Remove skins from onion, pepper and tomatoes, and

squeeze garlic flesh from skins.

3. Chop half of vegetables into small chunks and put remainder into blender with garlic flesh and stock. Process until smooth, then add to pot with chopped vegetables. Season soup with salt and ground black pepper.

4. Bring soup to boil, stirring occasionally. Add beans, chorizo and balsamic vinegar, cover and simmer gently 2-3 minutes. Toss basil into soup and serve.

SERVES 4

rd.ca

For nutritional information on this and other great recipes, go to rd.ca or check out Key Ingredients in this month's Reader's Digest, on newsstands now!



Horoscopes by Sally Brompton sallybrompton.com

For Sally's expanded daily and weekend horoscopes, visit metronews.ca

ARIES

MARCH 21-APRIL 20

You may be right to get angry with someone who has let you down but keep your feelings to yourself, at least for now. Don't star a war you can't win.

LIBRA

SEPT 23-OCT 23

A second opinion is a must today, especially if you are the kind of Libra who is prone to negative thinking. You don't have to suffer alone.

TAURUS

APRIL 21-MAY 21

Don't be so hard on yourself. You make mistakes like everyone else and there is no reason why you should feel bad about it.

SCORPIO

OCT 24-NOV 22

Others are so used to you acting in a predictable fashion that if you do something out of the ordinary you'll take them by surprise.

GEMINI

MAY 22-JUNE 21

Set yourself towering targets, but don't forget that to reach them you will have to take it a step at a time. What do you want most out of life?

SAGITTARIUS

NOV 23-DEC 21

Friends and relatives will appreciate it if you don't make a song and dance over minor irritations today. Make the best of what you've got.

CANCER

JUNE 22-JULY 22

Someone has been giving you a hard time and now you must stand up for yourself and tell them a few home truths.

CAPRICORN

DEC 22-JAN 20

A setback of some kind is likely over the next two or three days but it's not the end of the world so there is no need to despair.

LEO

JULY 23-AUG 23

The reason why some people are acting in a negative way towards you is because you are projecting negative signals.

AQUARIUS

JAN 21-FEB 18

You may have to turn down a social or travel invitation either today or tomorrow and you won't be too happy about it. Stay close to home.

VIRGO

AUG 24-SEPT 22

There is no point worrying about your financial situation and making yourself depressed. Chances are you are not seeing things too clearly.

PISCES

FEB 19-MARCH 20

Nothing is ever as bad as it seems and you need to keep that point in mind over the next 48 hours. Find ways to cheer yourself up.

This day in history

1867: Queen Victoria gives Royal Assent to the British North America Act which establishes the Dominion of Canada on July 1.
1886: Dr. John Pemberton brews the first batch of Coca-Cola in a backyard in Atlanta, Ga.
1951: Ethel and Julius Rosenberg are convicted of conspiracy to commit espionage.
1973: Vietnam War: The last United States combat soldiers leave South Vietnam.
1993: Catherine Callbeck becomes premier of Prince Edward Island and Canada's first female to be elected in a general election as a premier.

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